

Are you a leader looking for unique and creative ways to empower and inspire teams to achieve mission objectives?



CEEK *a Better Way*

Like many of your peers, perhaps you have considered engaging a motivational speaker. Who wouldn't be inspired by the story of the Super Bowl champion, the entrepreneur that made millions, or the latest to summit Mount Everest?

Though you and your teams may be moved by their remarkable stories, the question is, 'can you relate?' Do the lessons of the 'stars' apply to individuals simply pursuing fulfillment, balance, and success in their daily routines? Such costly engagements can leave you wondering if the money spent to inspire your colleagues ultimately left them feeling inadequate.

CEEK LLC offers an alternative, cost-effective approach to motivational engagements that we refer to as 'Intentional CEEKing®.' We will work with you to develop and deliver personalized speaking engagements that empower your team to 'CEEK a Better Way®.' Your team will think, they will laugh, and they will challenge the status quo of their professional and personal lives. Most important, they will leave invigorated by a renewed sense of purpose and practical, organization-specific strategies to achieve success.



About CEEK LLC

CEEK helps organizations redefine and pursue 'Organizational Wellness' via solutions that enhance collaboration and teamwork, mitigate anxiety and stress, promote healthy balance, and advance a values-based culture. Our tailored solutions in each of these areas include organization wellness assessments, training workshops,

professional coaching, and related consulting services. We provide innovative performance support systems that reinforce professional development and facilitate continuous improvement. If your organization depends upon healthy, engaged, and inspired people working effectively toward a common purpose... 'CEEK a Better Way®'!

For more information email: info@ceekllc.com | call: (919) 724-7114 | or visit: www.ceekllc.com

CEEK Motivational Engagements

Prior to any speaking engagement, CEEK invests the time needed to understand the values, culture and mindset of your organization. We will work with you to customize an engagement focused on your primary objectives and tailored to the unique aspects of your organization. As appropriate, we can introduce and draw upon a library of metaphors and stories that creatively reinforce the intentional application of values to every day business and personal challenges.

SOME OF OUR MOST POPULAR MOTIVATIONAL ENGAGEMENTS INCLUDE

For more on these and other motivational engagements, visit www.cekllc.com/services/motivational-engagements

What Story Will They Tell

Are you simply caught in the 'rat race'? Will you one day awake to the reality that your life just happened, without intention? CEEK will encourage individuals to articulate the story they would like to be told about them. We will bring intentionality and healthy balance to the life they live.

Be ePIC

What defines greatness? Each and every one of us has the potential to be extraordinary. CEEK will encourage your team to pursue greatness at work and at home. We challenge your team to set and pursue goals and objectives, while empowering Passion, Integrity, and Creativity (Be ePIC®).

Take the Con

CEEK challenges organizations and individuals to accept responsibility for their success and fulfillment. We dismiss the notion that you are a victim of circumstances. We encourage everyone to 'Take the Con®' in control of their destiny and the impact they have on the organization.

The Business of Family

An organization without a strategy is like a ship without a rudder. The same can be said for any individual or family. CEEK will challenge your team to plan and manage their relationships and lives with the same discipline you would expect in the management of your business.

To What Do You Submit


We all submit to something or someone. CEEK digs deep to identify what really drives the behaviors and actions of the organization and individuals. We share our own experiences detailing the freedom that comes with such recognition and the power to choose differently.

What's the Point


CEEK reveals the impact of a well-defined 'purpose' in any organization. Simply answering the question 'why' can have a profound impact on a team. We challenge individuals to ask a similar question in their personal and professional lives. The result may be life changing.

What Others Have to Say


"You are an inspiration to many and an incredible and motivating leader. There aren't many people that actually live what they preach...thank you!"

 **Erica H.** | Business Analyst, Arlington, VA


"You help us navigate difficult situations as well as our own careers. I leave a session feeling empowered to make positive changes and to lead others to do the same."

 **Holly H.** | Technical Advisor, Greensboro, NC

"Your ability to articulate our values with passion and utter sincerity has been inspiring for many of us."

 **Jeff H.** | Developer, Charlottesville, VA

"You have truly shown me what it means to be a leader, not just a "manager", and to understand that feeding my soul will come back in spades to feed my career."

 **Ashley C.** | Human Factor Engineer, Richmond, VA

